L.E.A.R.N. Model

Listen
with empathy and understanding to the client’s perception of the problem. Try questions like:
• What do you think may be causing your problem?
• How do you think the illness is affecting you?
• What do you think might be beneficial?

Explain
your thoughts and perceptions about the problem.

Acknowledge
and discuss the differences and similarities. Incorporate both your client’s beliefs and your professional beliefs in the treatment options.

Recommend
treatment. Suggest a treatment plan that is developed with your client’s involvement, including culturally appropriate aspects.

Negotiate
agreement. The final treatment plan should be determined as mutually agreeable by both the health professional and client.

Reference: